

FLUSH!

AND 37 ESSENTIAL HOUSE RULES



Mrs Wordsmith.

FLUSH!

AND 37 ESSENTIAL HOUSE RULES

Written and illustrated
by Mrs Wordsmith



AH, **HOME**

It's like a crash test course for the rest of kids' lives. It's a safe place where they can test the boundaries and learn how to operate before they're let loose on the outside world.

That's why house rules are so important. They help kids learn to self-regulate and take responsibility for themselves, laying the foundations for school and beyond.

We created Flush! to help make this stage in kids' learning as hilariously fun and memorable as possible.

Good luck. This could get messy.



House Contract



LOVE IS THE SECRET TO A
HAPPY HOME, BUT A FEW RULES
ALSO HELP.

WE PROMISE TO LIVE BY THESE
37 HOUSE RULES. SOME OF THEM
ARE SMALL. SOME OF THEM ARE EPIC.

TOGETHER WE CAN MAKE OUR HOME
A BETTER, CLEANER, SMARTER,
AND MORE LOVING PLACE TO LIVE.

SIGNED BY:

X

_____	_____
_____	_____
_____	_____



OZ



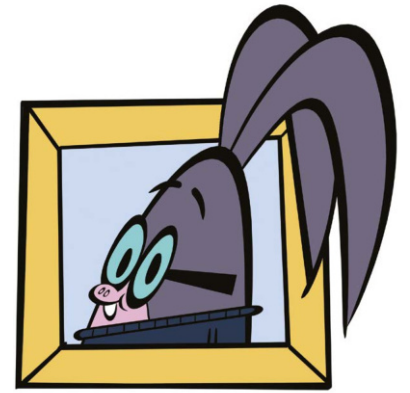
YIN & YANG



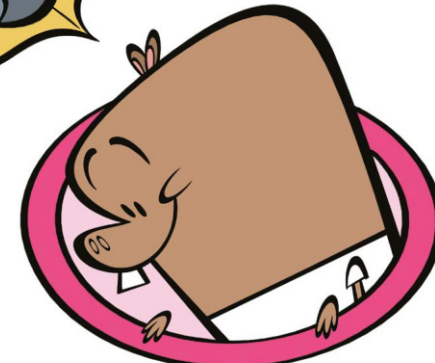
SMASHTAG



GRIT



ARMIE

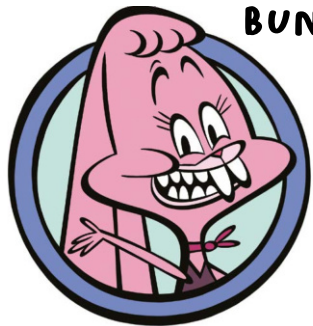


BRICK



SHANG HIGH

MEET THE FAMILY



BUNNYMOON



BARFSY



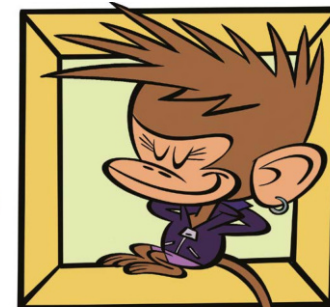
BOGART



PLATO



LONG JOHN



PUNKY



BEARNICE

HOUSE
RULE # 1

SAY

PLEASE

ALWAYS SAY PLEASE.
PLEASE!



desire

v. to want something
very badly

HOUSE
RULE # 2

SAY
THANK
YOU



IT FEELS GOOD
TO SAY THANK YOU.

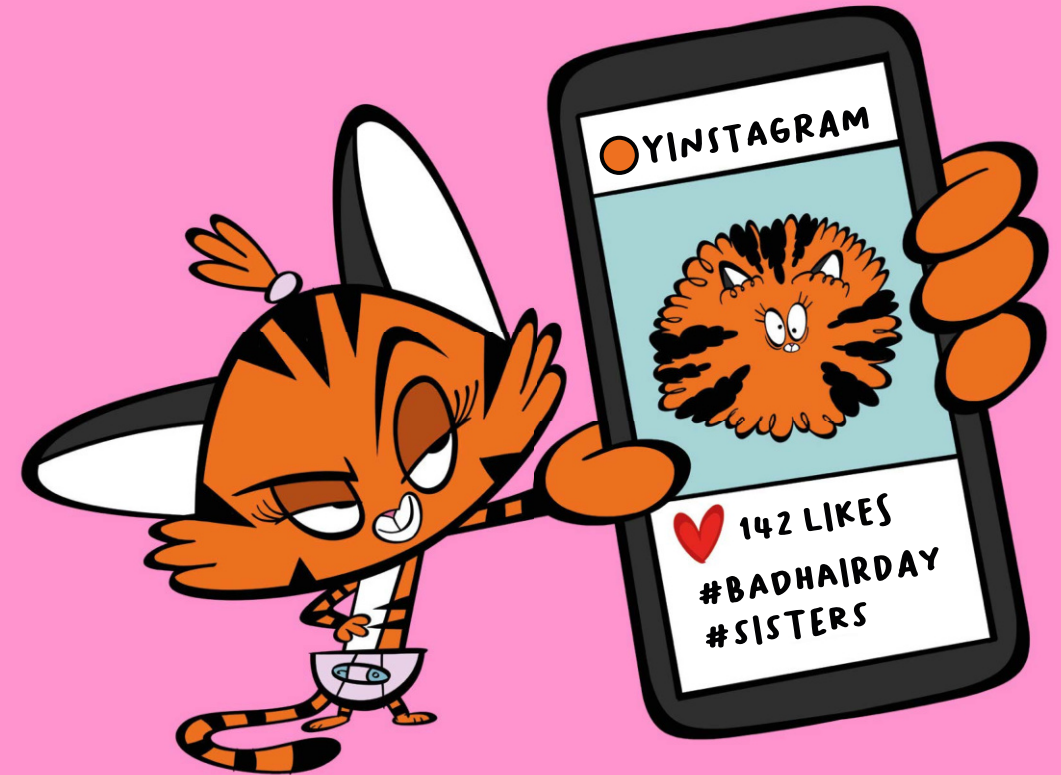
grateful

adj. feeling thankful

HOUSE
RULE # 3

SHARE

#SHARINGISCARING



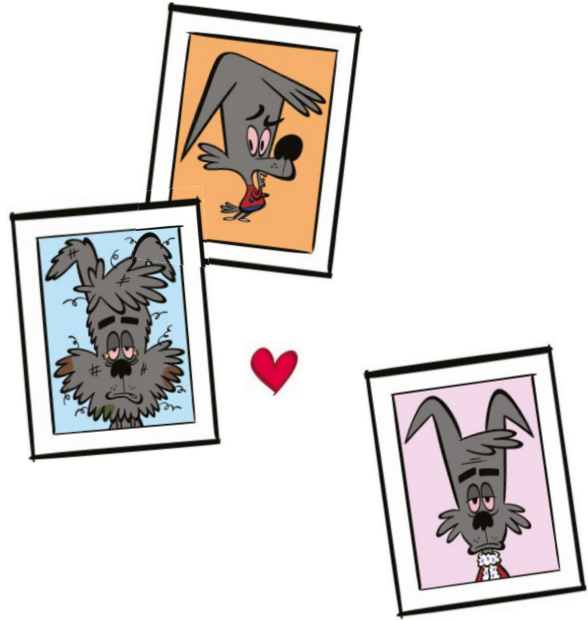
insensitive

adj. not thinking about someone else's feelings



HOUSE
RULE # 4

SMILE



I'M CONSTANTLY
DOCUMENTING
YOUR LIFE.



reminisce

v. to enjoy remembering
past events

HOUSE
RULE # 5

LISTEN

SHOW ME A SIGN
THAT YOU ARE
LISTENING.



ANY SIGNAL,
NO MATTER HOW WEAK,
WILL DO.



oblivious

adj. completely unaware
of what is happening
around you

HOUSE
RULE # 6

FIND IT
YOURSELF



I AM NOT A GPS.
(GLOBAL PARENTING
SYSTEM)



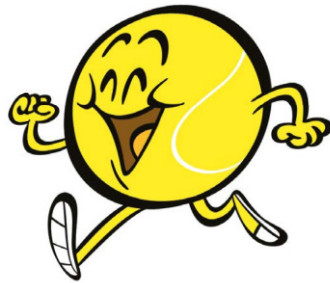
pinpoint

v. find or identify something
very precisely

HOUSE
RULE # 7

**GO
OUTSIDE**

AT LEAST ONCE
A DAY.



THE BALLS
ARE WAITING
TO PLAY!



emancipated

adj. freed or let loose

HOUSE
RULE # 8

SCOOP THE POOP



WE ALL
WALK THE POOCH.



WE ALL
SCOOP THE
POOP.

inadequate

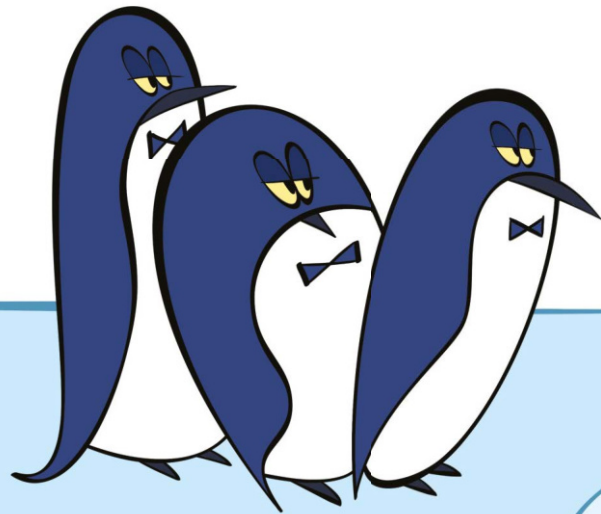
adj. when something isn't
enough for the job

HOUSE
RULE # 9

LAYER

UP

DRESS FOR THE
SEASON YOU'VE
GOT.



NOT THE ONE
YOU WANT.



frostbitten

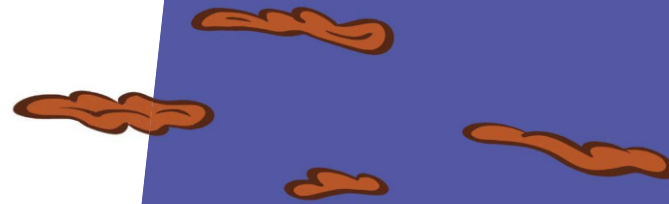
adj. hurt or injured
because it's so cold

HOUSE
RULE # 10

SHOES

OFF

YO, COSMIC ANGEL!
LEAVE YOUR WINGS
AT THE DOOR.



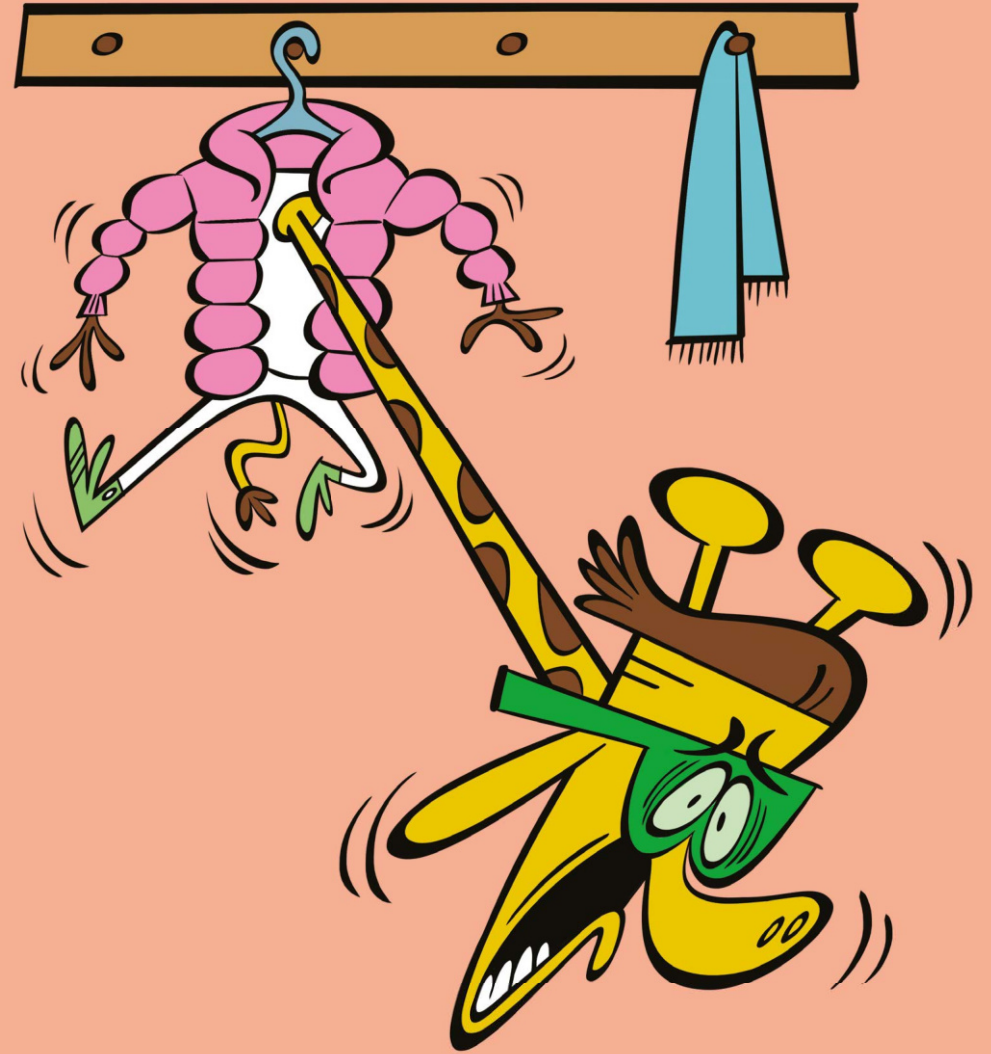
respect

v. to treat people and
places politely and
with appreciation



HOUSE
RULE # 11

HANG
IT
UP

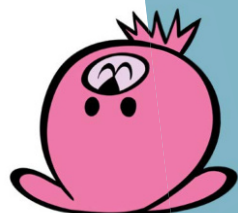
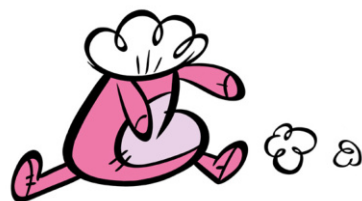


dangle

v. hang or swing

HOUSE
RULE # 12

BREATHE



BREATHE IN
ALL THE GOOD.



BLOW AWAY
THE BAD.



mindful

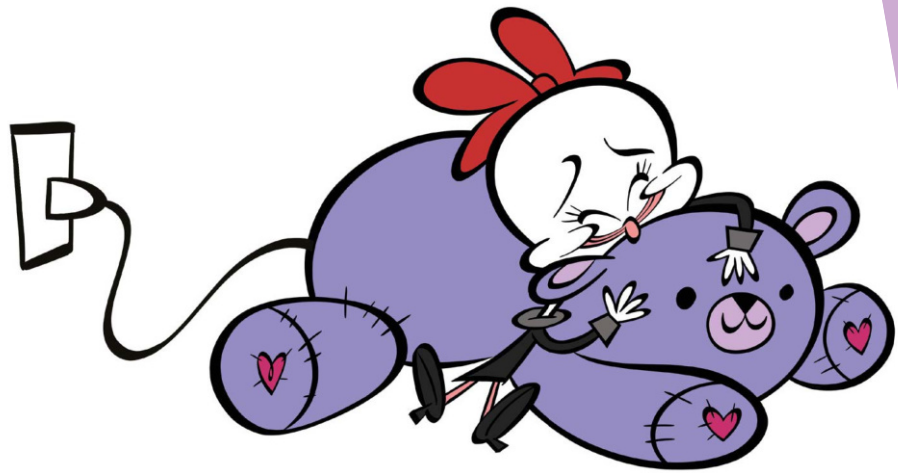
adj. focusing on the present and taking a deep breath

HOUSE
RULE # 13

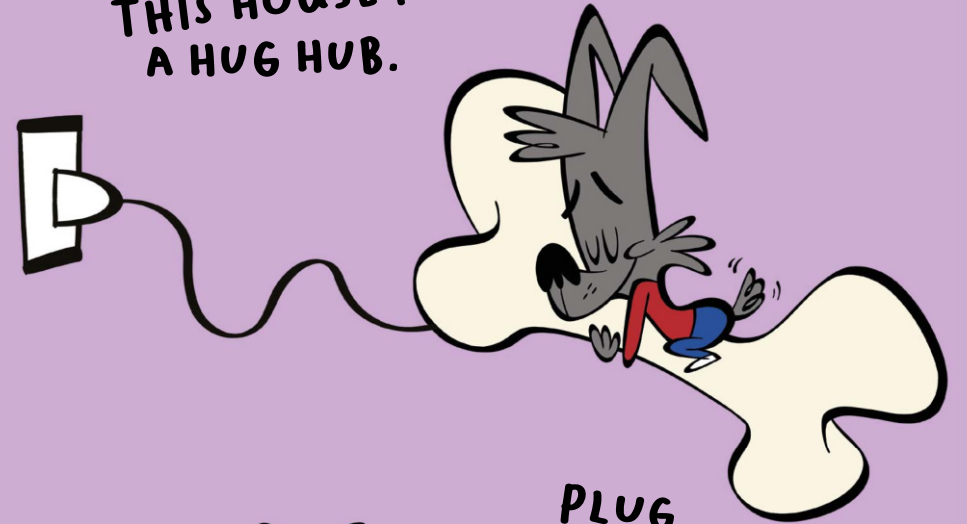
REMEMBER

TO

RECHARGE



THIS HOUSE IS
A HUG HUB.



PLUG
YOURSELF IN.



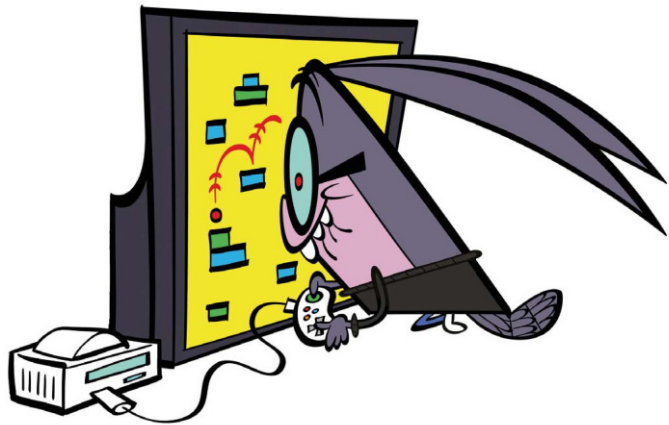
tenderness

n. warmth, gentleness,
and affection

HOUSE
RULE # 14

POWER OFF

YOUR GAME.



AND
POWER UP
YOUR
BRAIN.



inspire

v. to fill your head
with new ideas

HOUSE
RULE # 15

USE

YOUR

BRAIN

WHAT IF
GOOGLE WAS
DELETED?



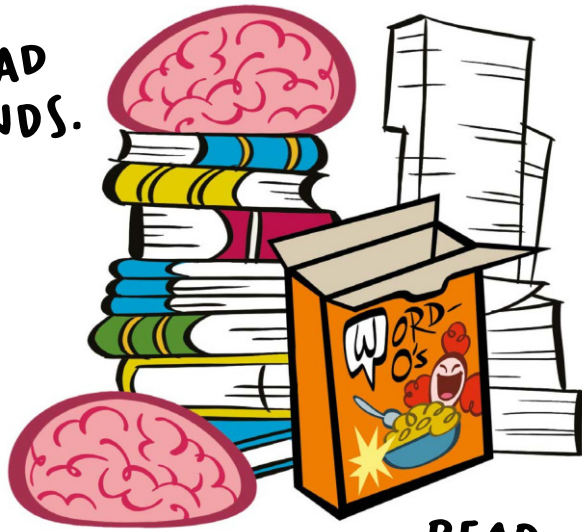
contemplate

v. to think about
something very deeply

HOUSE
RULE # 16

READ

READ
MINDS.



READ
CEREAL
BOXES.

READ
LIPS.



READ
BOOKS.

avid

adj. enthusiastic
and interested

HOUSE
RULE # 17

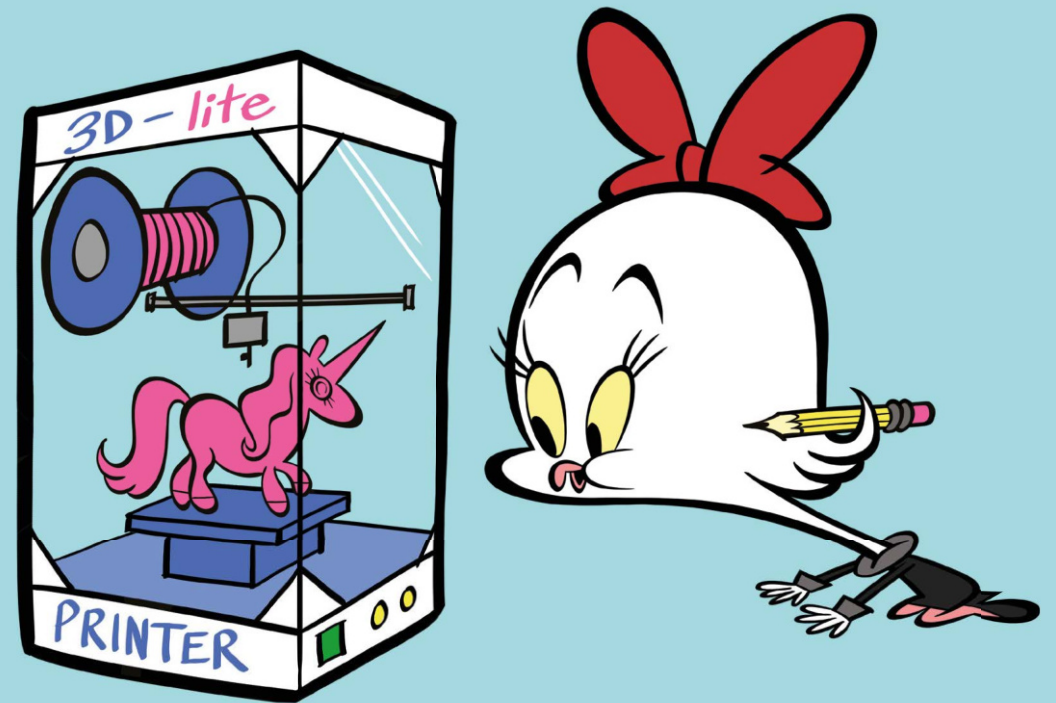
DO

IT

YOURSELF



IF YOU CAN DREAM IT,
YOU CAN MAKE IT.



design

v. to plan how something
should be made

HOUSE
RULE # 18

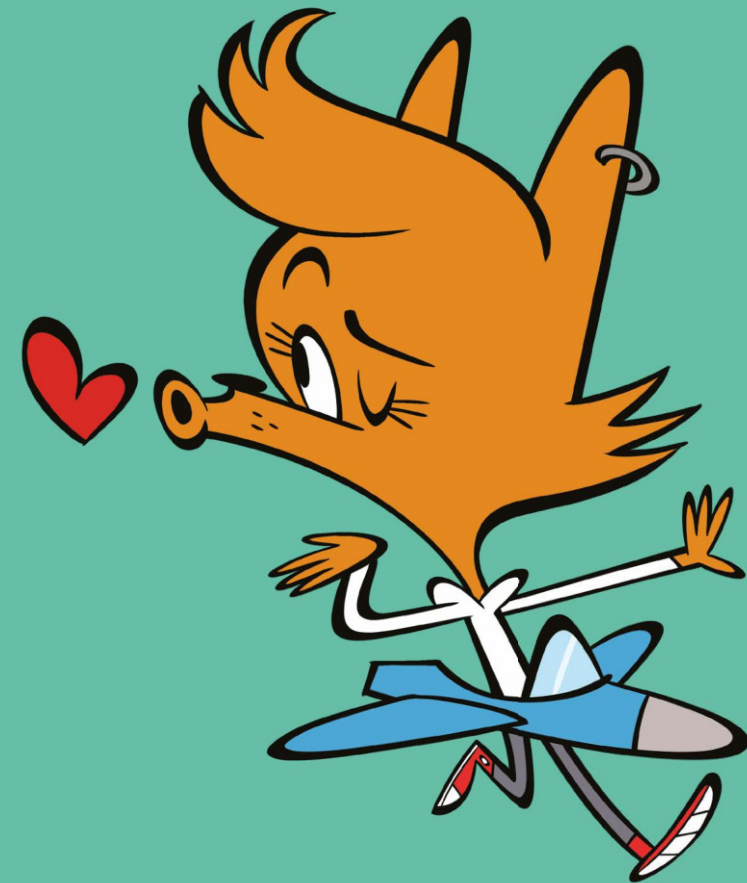
KISS

AND

GO



**KISS YOUR FAMILY
BEFORE YOU LEAVE
THE HOUSE.**



appreciate

v. to value or be thankful
for something

HOUSE
RULE # 19

LET
IT
OUT

YOUR TEARS WILL
WASH AWAY
YOUR FEARS.



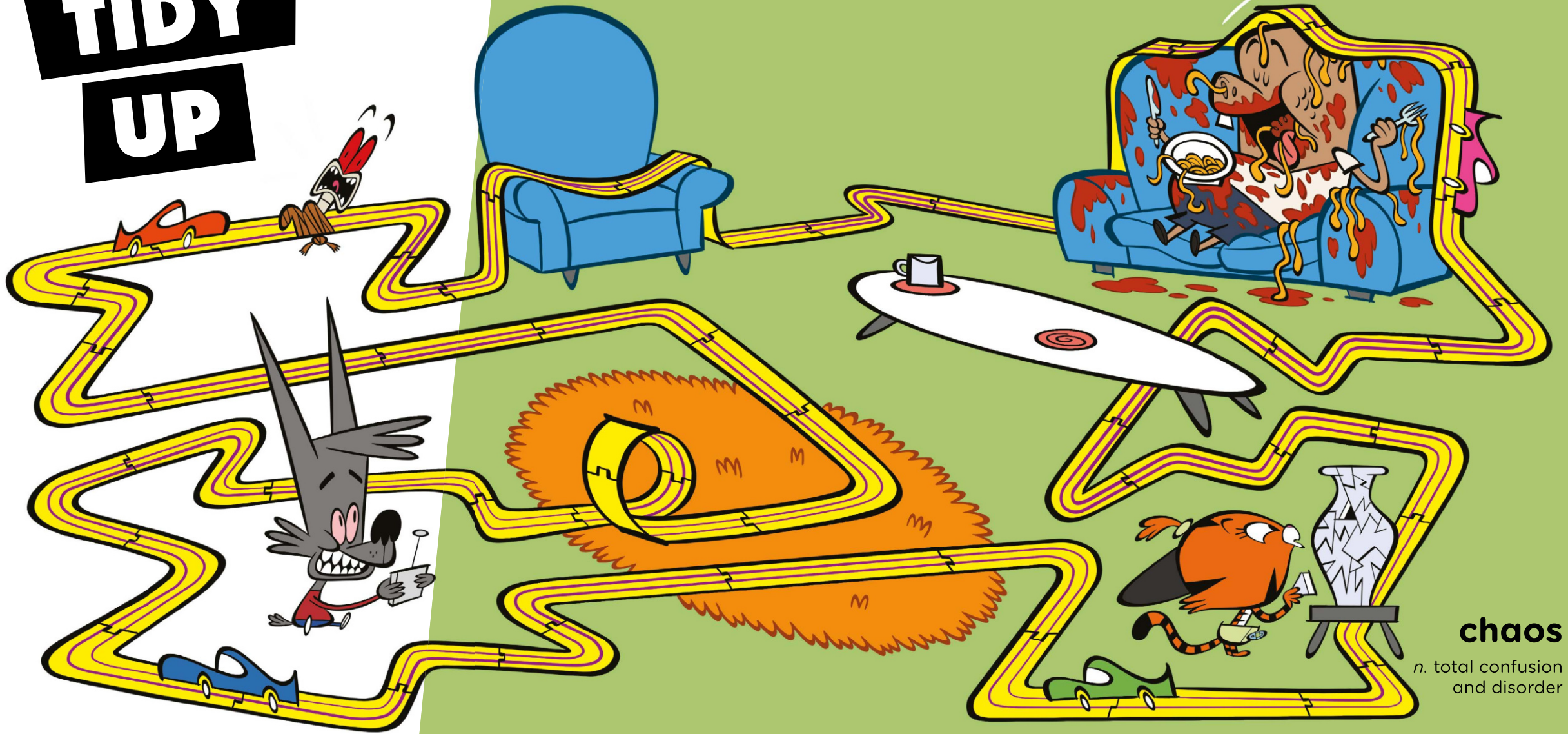
bawl

v. to cry with long,
emotional sobs

HOUSE
RULE # 20

**TIDY
UP**

IT'S CALLED THE LIVING ROOM,
NOT THE LEAVE-YOUR-
MESS-EVERYWHERE ROOM.

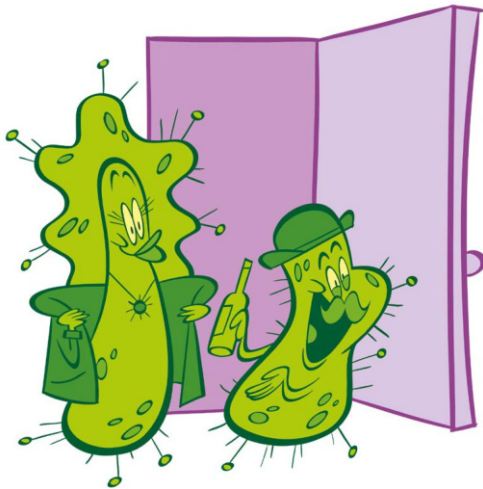


chaos

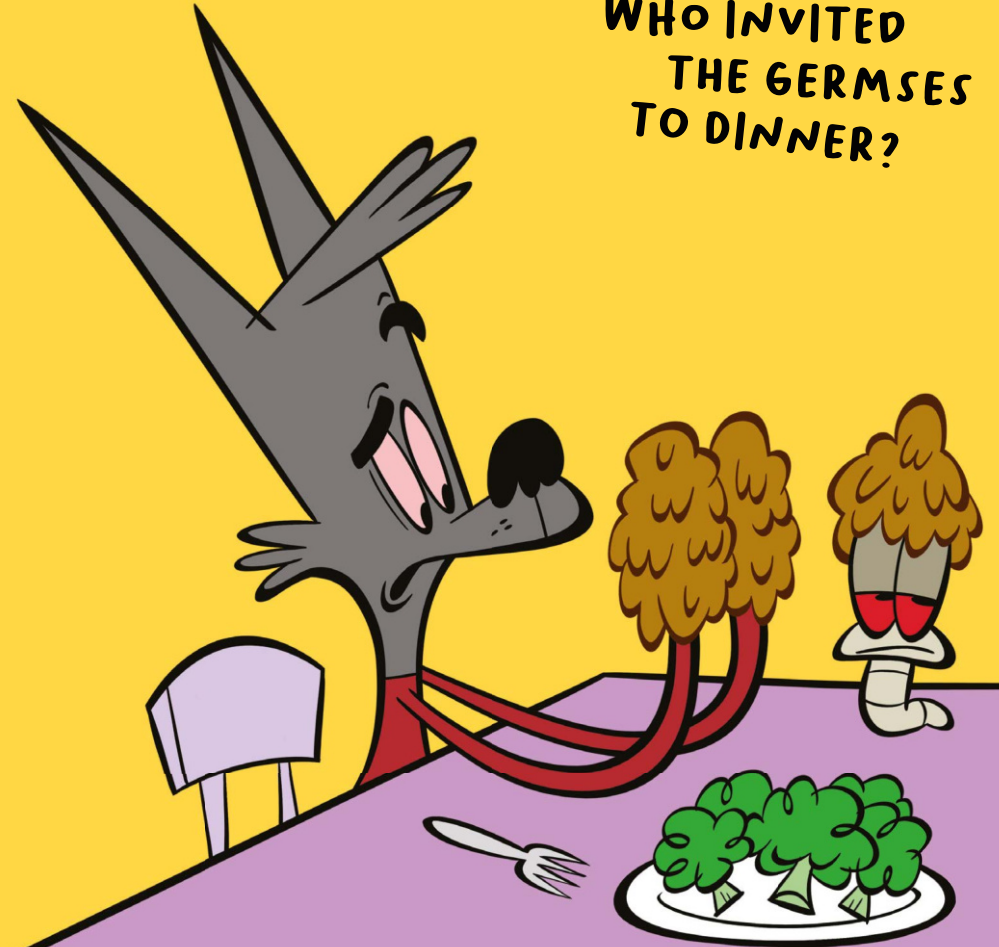
n. total confusion
and disorder

HOUSE
RULE # **21**

WASH
YOUR
HANDS



WHO INVITED
THE GERMSES
TO DINNER?

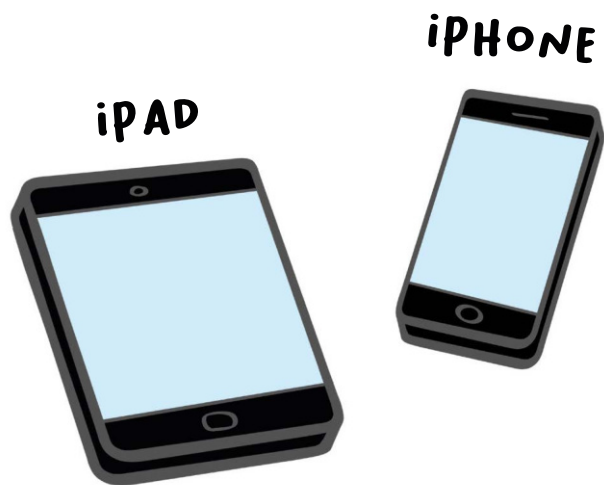


filthy

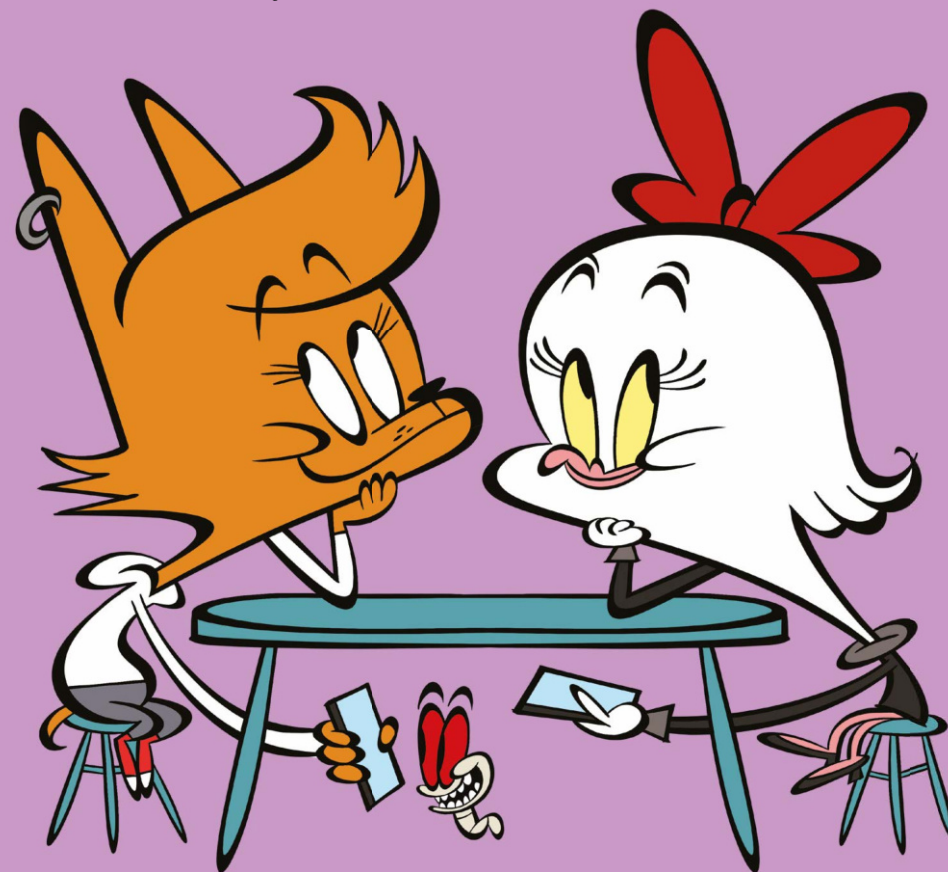
adj. disgustingly dirty

HOUSE
RULE # 22

**PUT
IT
AWAY**



iDON'T
WANT TO SEE IT
AT THE TABLE.



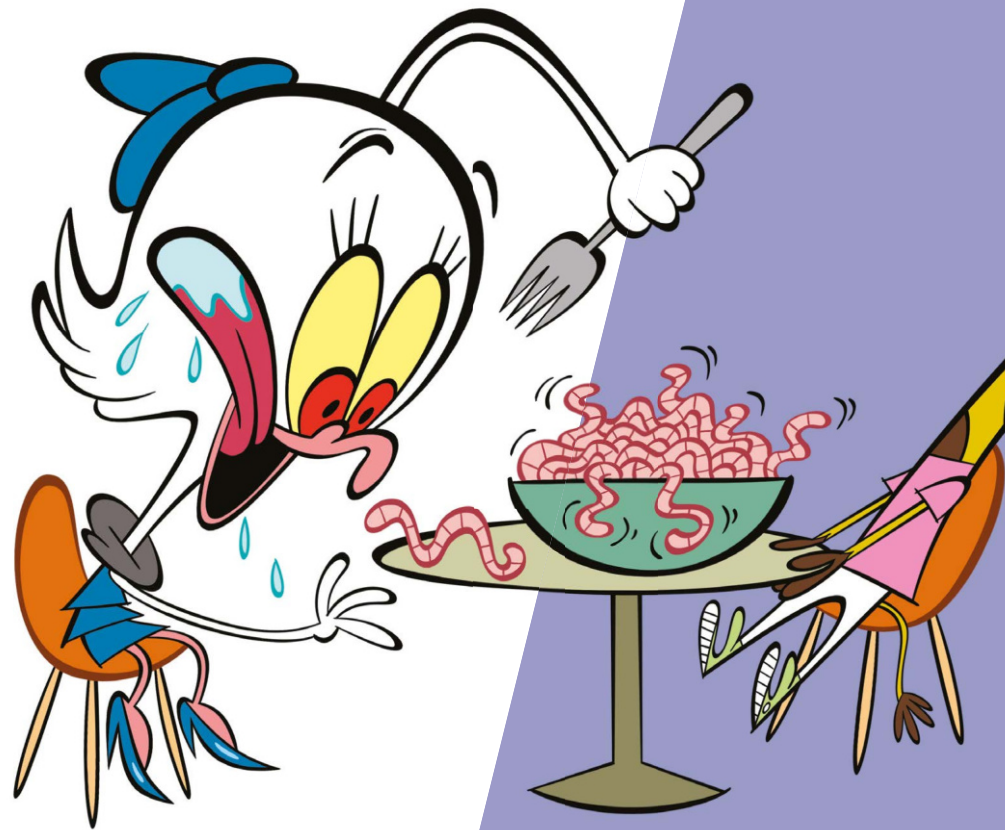
covert

adj. secret, stealthy, or hidden

HOUSE
RULE # **23**

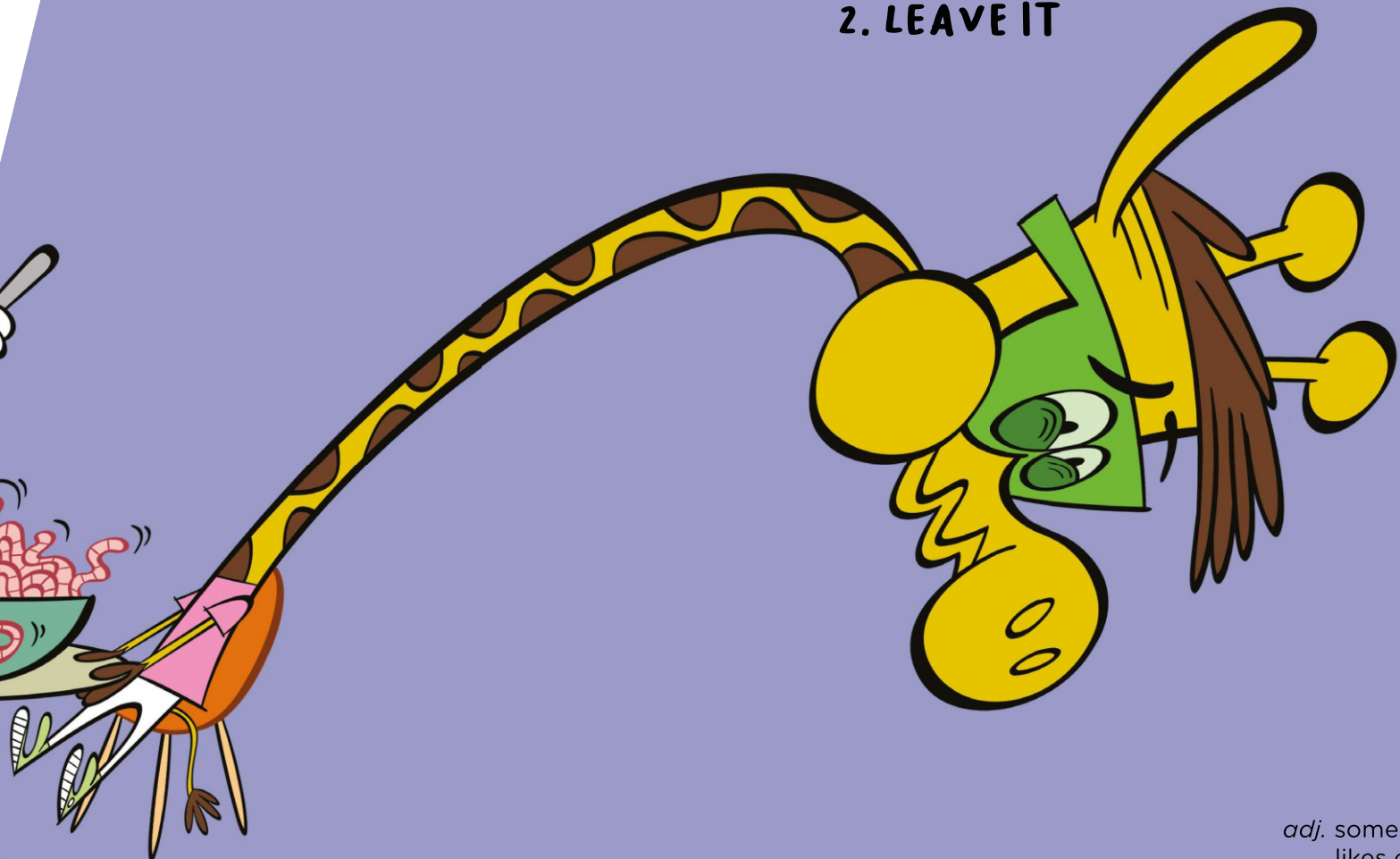
EAT

UP



THERE ARE TWO OPTIONS
FOR DINNER:

1. TAKE IT
2. LEAVE IT



fussy

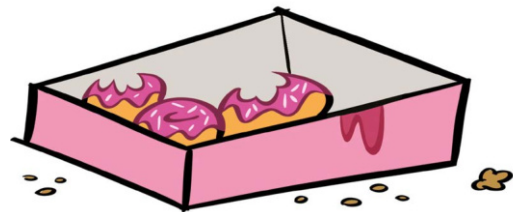
adj. someone who only
likes certain things

HOUSE
RULE # 24

DOUGH

NOT

...CHEW WITH
YOUR MOUTH
OPEN.



overambitious

adj. trying to do something
that's far too difficult

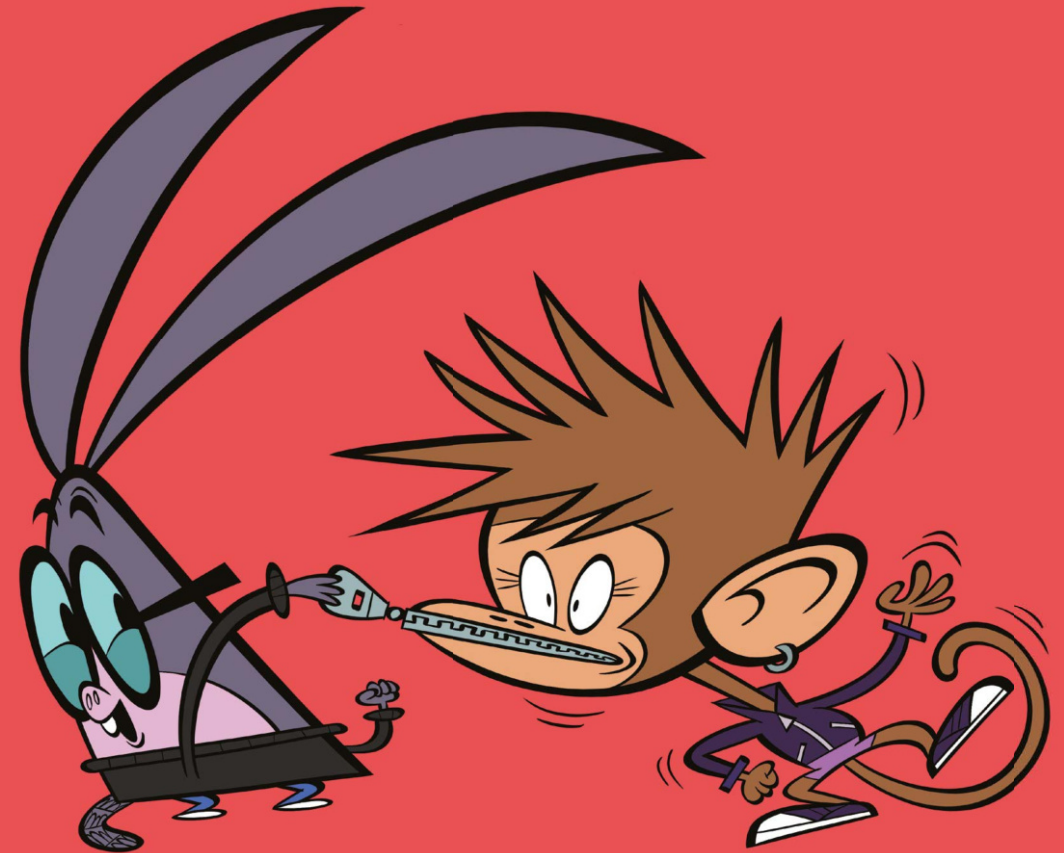
HOUSE
RULE # **25**

KEEP

IT

CLEAN

THERE ARE
BETTER WORDS
THAN "@&%!!"



courteous

adj. respectful of others

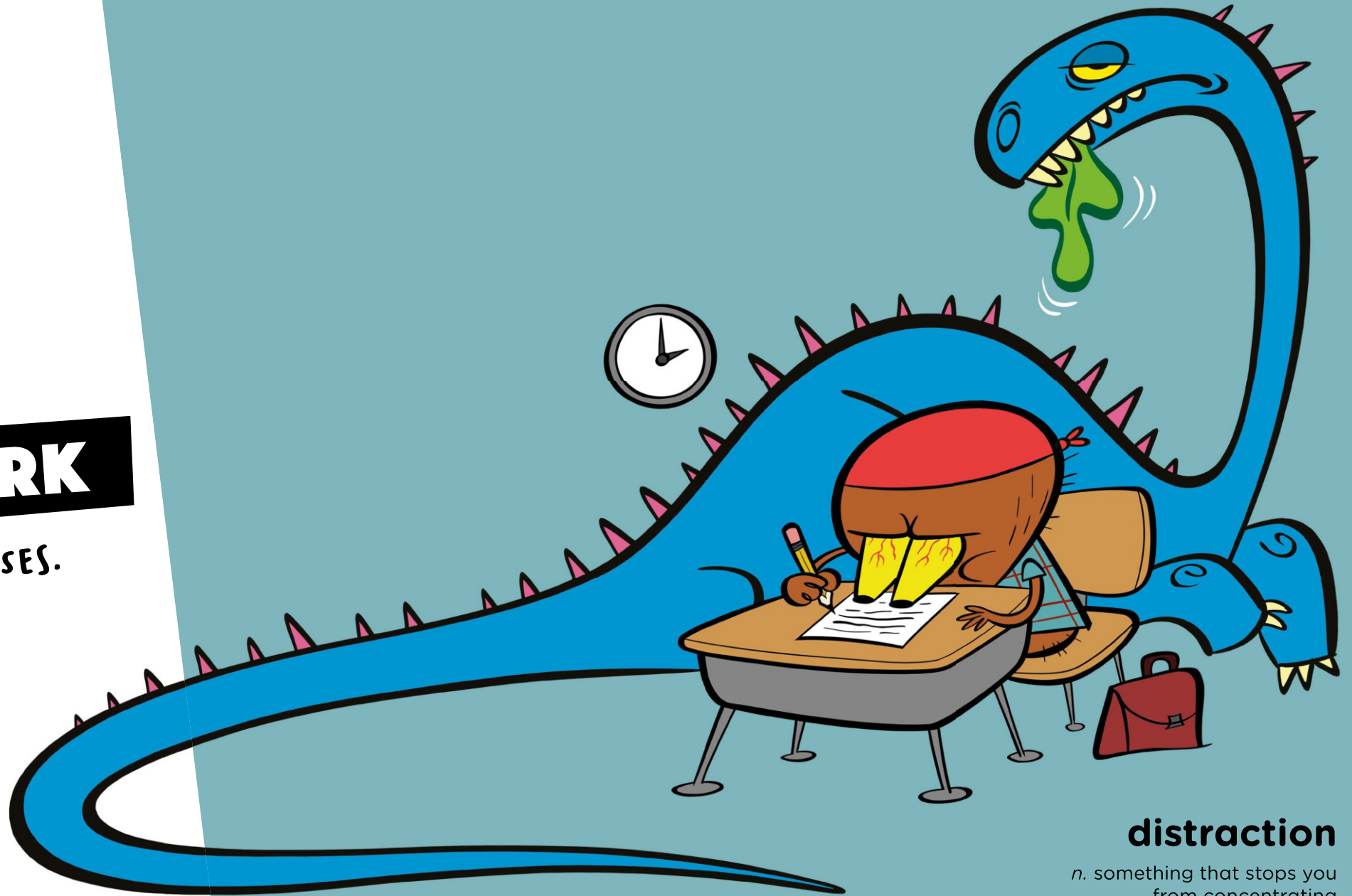
HOUSE
RULE # **26**

DO

YOUR

HOMework

NO EXCUSES.



distraction

n. something that stops you from concentrating

HOUSE
RULE # **27**

**SHUT
THE
FRIDGE**

THE SALAD
IS UNDRESSED.



scandalous

adj. outrageous
and shocking

HOUSE
RULE # **28**

CLEAR
THE
TABLE

AND HELP WITH
THE DISHES.



efficient

adj. quick and effective

HOUSE
RULE # 29

REDUCE!

REUSE!

RECYCLE!



sustainable

adj. less bad for the environment

HOUSE
RULE # **30**

SWITCH

OFF

THE

LIGHTS



ALL THE BEST NINJAS
TRAIN IN
THE DARK.



stealthy

adj. quiet and careful so that
nobody sees you

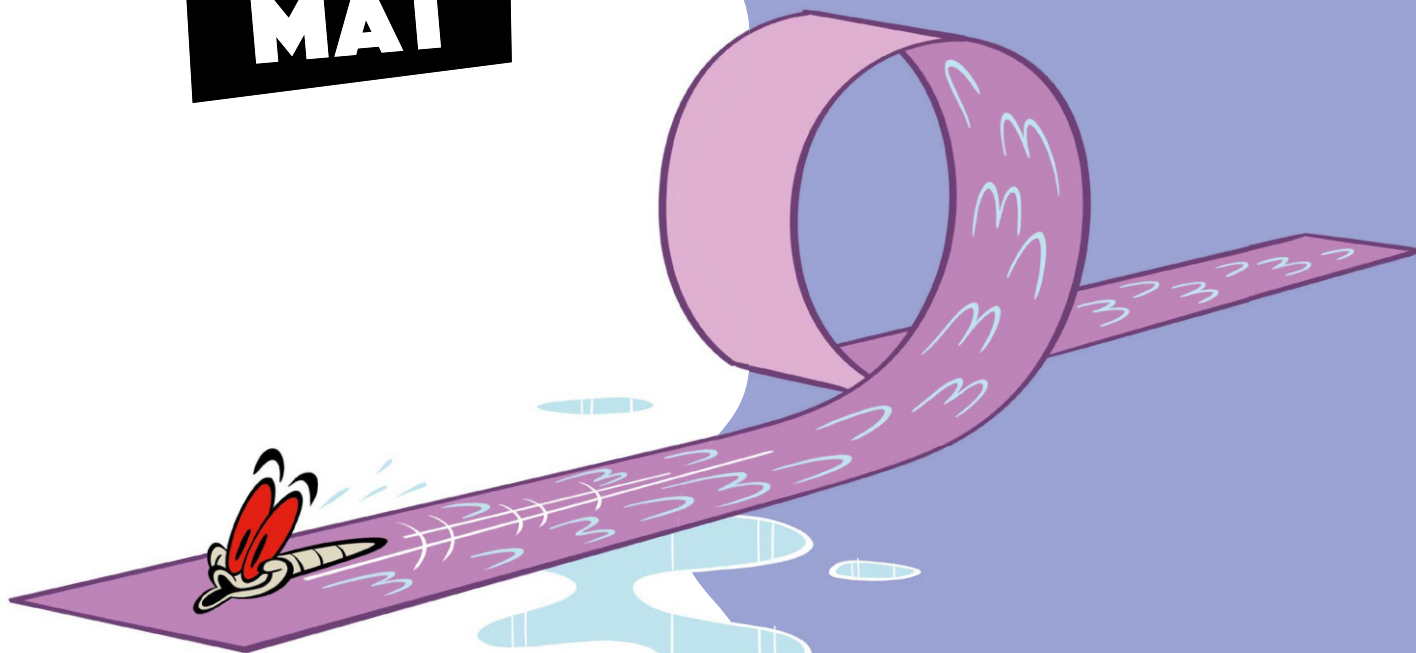
HOUSE
RULE # **31**

USE

A

BATH

MAT



THE BATHROOM FLOOR
IS NOT A WATER PARK.



slippery

adj. too wet or slimy
to hold or stand on

HOUSE
RULE # 32

PICK

IT

UP



THE BATHROOM FLOOR
IS NOT THE WILD TOWEL'S
NATURAL HABITAT.



damp

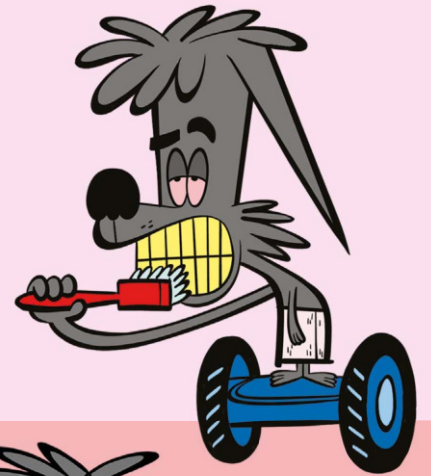
adj. slightly wet

HOUSE
RULE # 33

**NO
DOG
BREATH**

BRUSH YOUR TEETH
FOR TWO MINUTES
TWICE DAILY.

30
SECONDS...



60
SECONDS...



120
SECONDS.



diligent

adj. done in a careful
and serious way

HOUSE
RULE # 34

REPLACE

THE

TOILET

PAPER



NOBODY WANTS
TO USE THEIR
SOCK.



flustered

adj. upset and confused

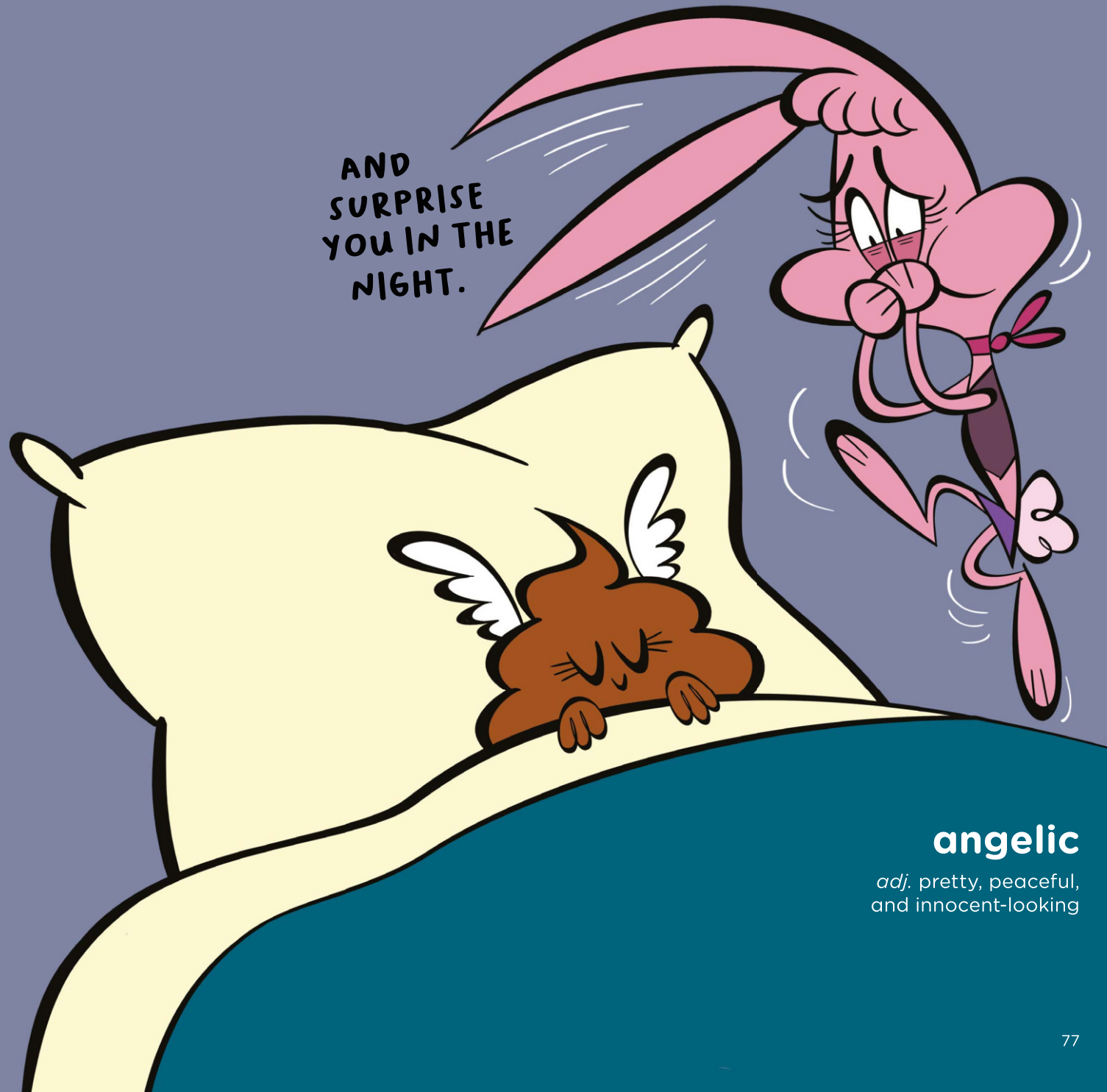
HOUSE
RULE # **35**

FLUSH

OR ELSE YOUR POO
MIGHT ESCAPE



AND
SURPRISE
YOU IN THE
NIGHT.



angelic

adj. pretty, peaceful,
and innocent-looking

HOUSE
RULE # 36

BEDTIME

MEANS

BEDTIME



"WHEN I SAY BEDTIME,
YOU SAY
GOODNIGHT!"



compelling

adj. persuasive or
hard to resist

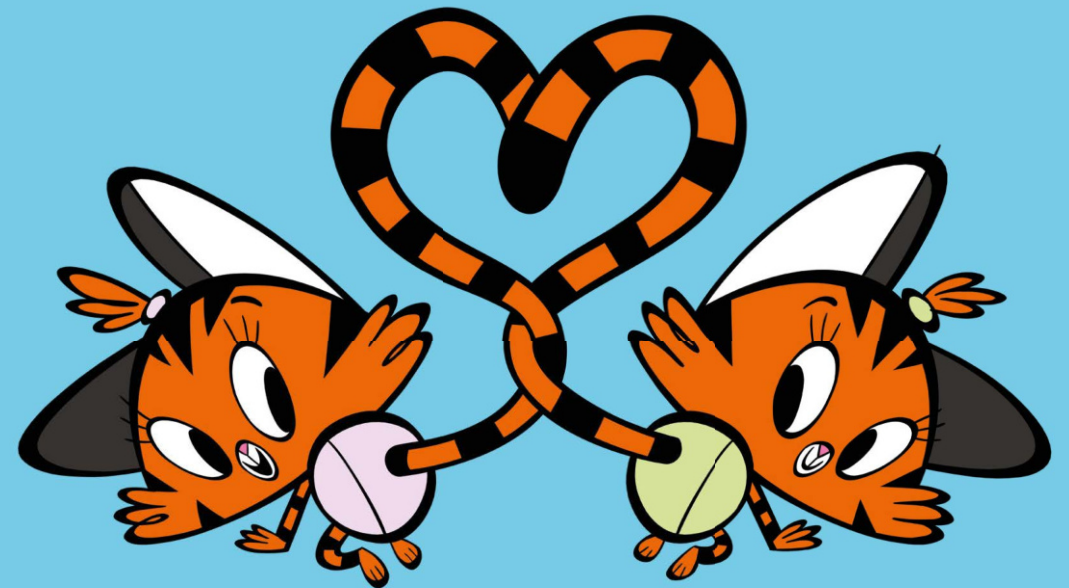
HOUSE
RULE # **31**

FOLLOW

YOUR

HEART

AND LOVE
FROM YOUR HEAD
TO YOUR TAIL.



exceptional

adj. special or extraordinary

AND FINALLY,

HOUSE
RULE # **38**

PARENTS

HAVE

RULES

TOO

STOP TRYING TO
MAKE ME LIKE YOUR
TERRIBLE MUSIC.

NO PHOTOS PLEASE.

DON'T DANCE IN
PUBLIC. EVER.

GIVE ME HUGS.

GET OFF
YOUR
PHONE!

STOP ASKING ME
HOW SCHOOL WAS.
STOP DOING
EVERYTHING FOR ME.
STOP USING SLANG YOU
DON'T UNDERSTAND.

GET SOME
BETTER JOKES.
DON'T BE LATE
TO PICK ME UP.



YOU NEED TO KNOW THE RULES...

When you stay quiet in order to listen to others, wait for your turn, or share a toy with a friend, you are using self-regulation. Kids who can regulate their emotions are better prepared to cope with challenging situations, whether you need to concentrate on a difficult test, deal with disappointing news, or manage a complex relationship.

...TO BREAK THE RULES

Kids who can think for themselves and who respect their homes and the people around them go on to do unexpected and incredible things. Flush! provides you with the rules you need to become an independent thinker, a visionary, and even a renegade.





**MADE
WITH LOVE
BY**

Editor-in-Chief
Sofia Fenichell

Researcher
Eleni Savva

Artists
Daniel Permutt
Nicolò Mereu
Phillip Mamuyac
Aghnia Mardiyah
Brett Coulson

Writers
Mark Holland
Tatiana Barnes
Sawyer Eaton
Amelia Mehra

Designers
Lady San Pedro
James Sales

37



**RESEARCH-
BACKED
RULES**

**KIDS WHO TAKE RESPONSIBILITY AT HOME
GO ON TO DO UNEXPECTED
AND INCREDIBLE THINGS.**